







# Social Sprouts



**Join us for Social Sprouts, a nature-inspired social learning group for preschoolers that celebrates every child's unique way of connecting, communicating, and growing. Just like every seed sprouts in its own time, we believe social-emotional development blooms best when nurtured gently, joyfully, and without pressure to conform**

-  Nature themed activities
-  Connection through play
-  Explore big feelings &
-  friendship



**Wednesdays at 5-5:45**  
**Dates: July 2-August 20**

**A Work of Heart Counseling**  
**Oradell, NJ**  
**Facilitated by Valicitie Rubino**  
**\$25 Drop-in Fee**  
**or**  
**\$180 for all sessions**



[form.jotform.com/kkushnirlcsw/social-sprouts](https://form.jotform.com/kkushnirlcsw/social-sprouts)

**Register Here!**

# 2025 Summer Groups in Oradell

## Swiftie's Girls Group



For Girls Ages 7-10  
Wednesdays at 4PM  
July 2-July 23  
4 Weeks

This group is a therapeutic space for girls to connect, share, express through activities inspired by Taylor Swift, music and pop culture.  
Facilitated by Cynthia Garrison, LCSW

## Social Sprouts



Wednesdays at 5 PM  
July 2-Aug 20  
Ages 3-6  
8 Weeks  
\*DROP IN\* \$25/session



A nature-inspired social learning group for preschoolers, neurodivergent affirming  
Facilitated by Valicitie Rubino

## Neurospicy Teens Group



Wednesdays 6PM  
July 2-July 23  
Ages 13-17  
4 weeks



This is a Socially focused group for teens with autism, ADHD, anxiety and/or learning differences to connect and share experiences  
Facilitated by Cynthia Garrison, LCSW

**\$190 per participant  
per each 4 week  
session**

**Oradell Office!**

Register by emailing  
[Valicitie@workofheartcounseling.com](mailto:Valicitie@workofheartcounseling.com)

Questions can be sent to Valicitie Rubino  
[valicitie@aworkofheartcounseling.com](mailto:valicitie@aworkofheartcounseling.com)



[Neurospicy Teens Group](#)

[Swiftie's Group](#)

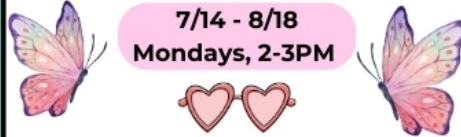
[Social Sprouts Group](#)

# 2025 Summer Groups in Allendale

**\*All participants will need to do an intake call to ensure the group is a good fit prior to enrolling.**

## Swiftie's Girls Group

For Middle School-aged Girls



This group is a therapeutic space for girls to connect, share, express through activities inspired by Taylor Swift, music and pop culture.

## Board Games & Social Strategy Social Skills Group

For ages 6-9



This group will provide an opportunity for children K-3 to play games with the focus being on developing emotion regulation skills, conflict resolution, and handling winning/losing.

## Mickey's Social Stars Disney Themed Social Skills Group

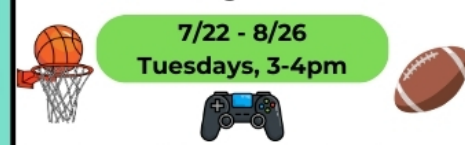
For ages 3-6



Children will be exposed to opportunities for play and connection with peers through theme-based crafts and activities inspired by Disney!

## Boy's Gaming & Team-Building Social Skills Group

For ages 10-14



Participants will engage in collaborative games that promote trust, leadership, and problem-solving, helping them develop essential social skills in a supportive, active environment.

**\$240 per participant  
per each 6 week  
session**

**Allendale Office**

Questions can be sent to Angela Buck, LCSW at  
[angela@aworkofheartcounseling.com](mailto:angela@aworkofheartcounseling.com)



**Registration for Allendale Groups Here**